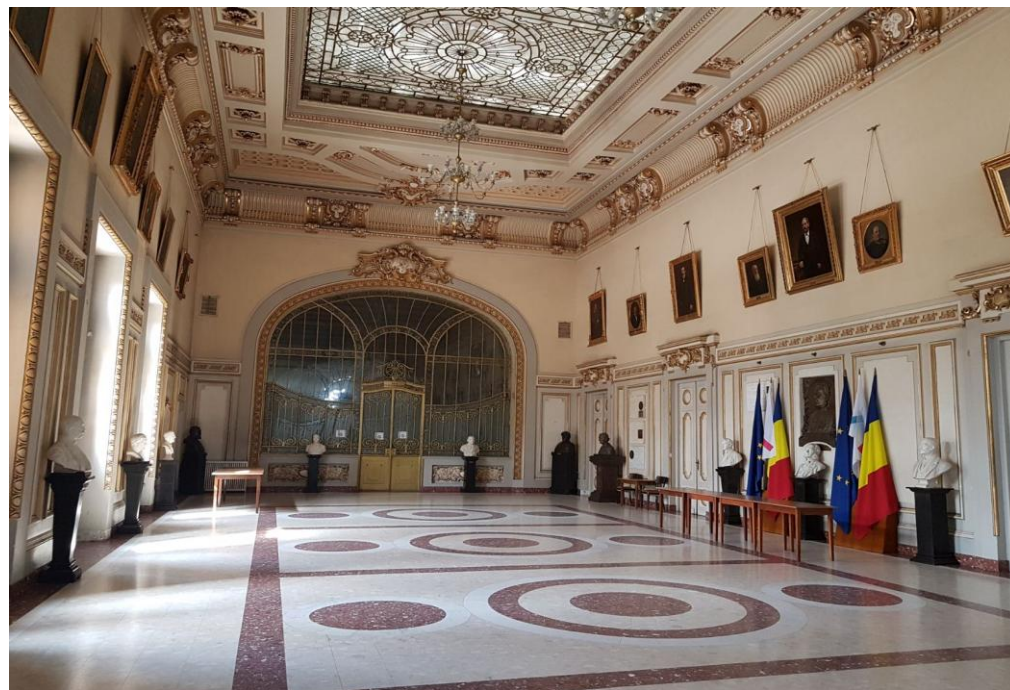


SOCIETY OF PELVIC SURGEONS
Bucharest & Brasov
Romania, 2018

“Carol Davila” University of Medicine and Pharmacy

Bucharest Medical School has a tradition of one and a half century, being the oldest in Romania. In 1857, Carol Davila, a graduate of medicine in Paris (France) founded the “National School of Medicine and Surgery” which evolved as the Faculty of Medicine, part of the Bucharest University. As a result of the educational reform in 1948, the Institute of Medicine and Pharmacy was independently set up as a State Medical University.

The university has a long tradition. Many professors have not only been masters of medical academic teaching, but also well known scientists: the names of Victor Babes, Ion Cantacuzino, Gheorghe Marinescu, Nicolae Paulescu, Thoma Ionescu, Mina Minovici, Grigore T. Popa, Mihai Ciuca, Ernest Juvara, and last, but not least, **George Emil Palade**, who was awarded the Nobel Prize and was declared the Honorary President of the University



ABOUT ROMANIA

Romania is a delightful country where nature, traditions and rural life still manage to coexist. From the wilderness of the Carpathian Mountains to the amazing diversity of the Danube Delta, from the foothills of Transylvania with lost villages among the meadows to the traditions still kept in Maramureş and Bucovina, our country offers a huge amount of opportunities for photographers.

Romania is a country located at the crossroads of Central and Southeastern Europe, on the Lower Danube, within and outside the Carpathian arch, bordering on the Black sea. Romania shares a border with Hungary and Serbia to the West, Ukraine and Moldova to the Northeast and East, and Bulgaria to the South.

At 238,400 square kilometers (92,000 sq mi), Romania is the ninth largest country of the European Union by area, and has the seventh largest population of the European Union with approximately 19 million people. Its capital and largest city is Bucharest with about two million people.



Useful things to know before visiting Romania



How to obtain Visa - Romanian Entry Visa

Depending on your citizenship, you may be required to show different documents at the port-of-entry.

American and Canadian citizens as well as citizens of Australia, New Zealand and most European countries do not need an entry visa to visit Romania, providing duration of stay is not more than 90 (ninety) days, accumulated during a single visit - or multiple visits - within a six-month period.

Citizens of certain countries and territories need a visa to visit Romania.

To quickly check if you need a visa please go to : <http://evisa.mae.ro/>

RomaniaTourism has no authority or expertise to answer questions regarding travel documents or visa.

Currency exchange

Romania's currency is Leu (plural "Lei" - pronunciation: lay).

Common Abbreviation: RON

Foreign currencies may be exchanged at banks or authorized exchange offices (called: "casa de schimb" or "birou de schimb valutar"). International airports and larger hotels also offer currency exchange services.

Exchange rate (April 2018)

1 USD =3.78 RON

1 EUR =4.66 RON

ATM (Bancomat)

ATM machines are available at main banks and at airports and shopping centres.

There are very, very few ATMs in remote areas or villages.

ATMs that have symbols for international networks such as STAR and PLUS will accept US/ Canadian banking cards.



Useful things to know before visiting Romania

Credit cards

Major credit cards including American Express, Mastercard and Visa are accepted in large hotels, car rental companies and stores in the main cities. However, credit cards are unlikely to prove useful in small towns or away from tourist areas. Contrary to practice in the United States, a PIN is usually required to make credit card purchases.

Taxi in Bucharest

Speed Taxi : +40722.10.9477/+40722.10.9488/ +40723.10.9477

*For transportation we recommend to contact the organizers.

Weather

Weather in Bucharest – The temperature will be variable –between : 21°C -27°C/ 9°C- 13° C

Weather in Brasov – The temperature will be variable –between : 18°C -24°C/7°C -14° C

Temperature conversion °C to °F : °C multiply by 9, divide by 5, and add 32

Smoking

Many adults in Romania are smokers and, unfortunately, some of those who do smoke have little regard of non-smokers' comfort.

Smoking is, prohibited in all public places such as hospitals, concert halls, and theatres, restaurants, bars, hotels.

Safety & Emergencies

Although violent crime against tourists is almost non-existent visitors should take customary steps to safeguard their valuables. Leave your passport in the hotel's safety deposit box and carry a copy of it with you.

Business Hours

Banks are usually open 9 am to 5 pm, Monday through Friday

Shopping:

Specialty stores (handicraft / gift / souvenir) in downtown area are usually open from 9 am to 6 pm.

Malls and superstores are open until 10 pm .



PROGRAM AT GLANCE



	Day 1, 23.09.2018	Day 2, 24.09.2018	Day 3, 25.09.2018	Day 4, 26.09.2018	Day 5, 27.09.2018	Day 6, 28.09.2018	Day 7, 29.09.2018
Activities	Arrival at Bucharest Henri Coanda Airport	AM Meeting AM Companion Program	AM Meeting AM Companion Program	Travel to Brasov and visit Peles Castle	AM Meeting AM Companion Program	AM Meeting AM Companion Program	Departure from Brasov to Bucharest Henri Coanda Airport
Lunch	Transfer to the Hotel (30 min)	Caru cu Bere Restaurant	J.W. Marriott	Cantacuzino Castle	Prato Restaurant	Kronwell Hotel	
Activities	PM Executive Committee Meeting	Bucharest City Tour & Visit Palace of Parliament	PM Concert at the Athenaeum	Free time	Brasov City Tour & Bran Castle Visit	PM Meeting	
Dinner	Welcome Reception at J.W. Marriott	Diplomatic Club Restaurant	Casa Doina Restaurant	Kronwell	Coliba Haiducilor Restaurant	Wassail Banquet at Kronwell	
Accommodation	J.W. Marriott 5*	J.W. Marriott 5*	J.W. Marriott 5*	Kronwell 4*	Kronwell 4*	Kronwell 4*	

- Arrival at Henri Coanda Airport
 - Airport assistance for the group
- Transfer to J.W. Marriott Hotel
- Check-in at the hotel
- 15:00 – 16:00 Lunch/ Brunch for Executive Committee
- 16:00 – 19:00 Executive Committee Meeting
- 19:00 – 21:00 Welcome Reception at J.W. Marriott Hotel

HENRI COANDA AIRPORT



Romania will welcome its guests in the main gate to the country, Henri Coanda Airport, located at only 19 km north Bucharest – approx. 20 min to the city center.

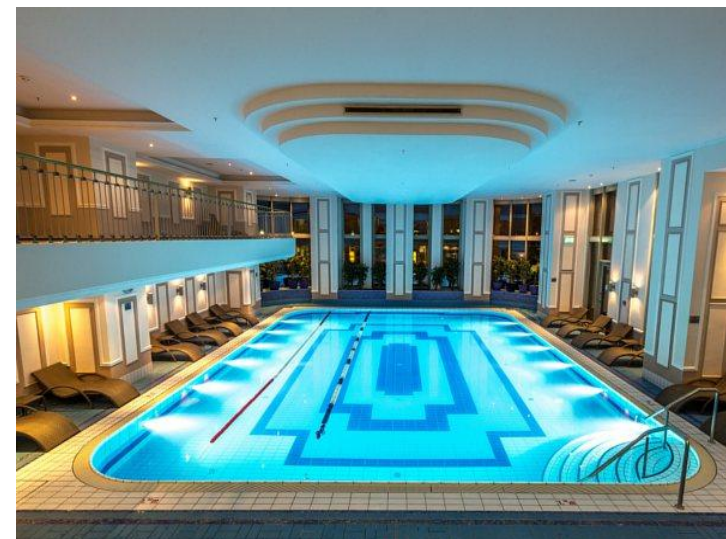
The Romanian inventors Aurel Vlaicu and Henri Coanda are well known as being between pioneers of early aviation history. Our aviation history is documented since seventh of June 1910 with Aurel Vlaicu’s first press release about Bucharest Baneasa International Airport. On the "Baneasa field" the Romanian aviation pioneer, Aurel Vlaicu, presents some evolutions with The plane he built himself at the aviation rally, organized at that time.



JW MARRIOTT BUCHAREST GRAND HOTEL 5*

The classical building located next to the Parliament Palace is frequented by heads of state and royalty. This "city within a city" houses everything the most demanding travelers may expect: a luxurious health center and spa providing for optimal relaxation after a busy day, enhanced services, 6 restaurants.

JW Marriott Bucharest Grand Hotel invites you to discover contemporary sophistication here in Romania's capital city. The hotel has a stately elegance that befits its storied history, the luxury guest suites are the largest available in Bucharest, and each one features thoughtful design, stylish decor, and top-tier amenities.





Welcome Reception at J. W. Marriott

- 08:00 – 12:00 Conference
 - 10:00 – 10:30 Coffee Break
- Companion
 - 10:00 – 12:00 Transfer and visit the Village Museum
 - 12:00 – 12:30 Transfer to Caru cu Bere Restaurant
- 12:00 – 12:30 Transfer from the Hotel to Caru cu Bere Restaurant
- 12:30 – 14:30 Lunch at Caru cu Bere Restaurant
- 14:30 – 17:30 Bucharest Panoramic City Tour
 - Visit the Palace of Parliament (please have your ID with you)
- 17:30 – 19:00 Return to the Hotel & Free Time
- 19:00 – 19:30 Transfer to Diplomatic Club Restaurant
- 19:30 – 22:00 Dinner at Diplomatic Club Restaurant
- 22:00 Return to the Hotel



VILLAGE MUSEUM

The Village Museum is an open-air ethnographic museum located in the Herastrau Park, showcasing traditional Romanian village life. The museum extends to over 100,000 m², and contains 272 authentic peasant farms and houses from all over Romania.

It features a collection of 50 buildings representing the history and design of Romania's rural architecture. Steep-roofed peasant homes, thatched barns, log cabins, churches and watermills from all regions of the country were carefully taken apart, shipped to the museum and rebuilt in order to recreate the village setting. Throughout the year, the Village Museum hosts special events where you will have a chance to witness folk artisans demonstrating traditional skills in weaving, pottery and other crafts. Folk arts and crafts are available at the museum gift shop.

Duration: 2 hours

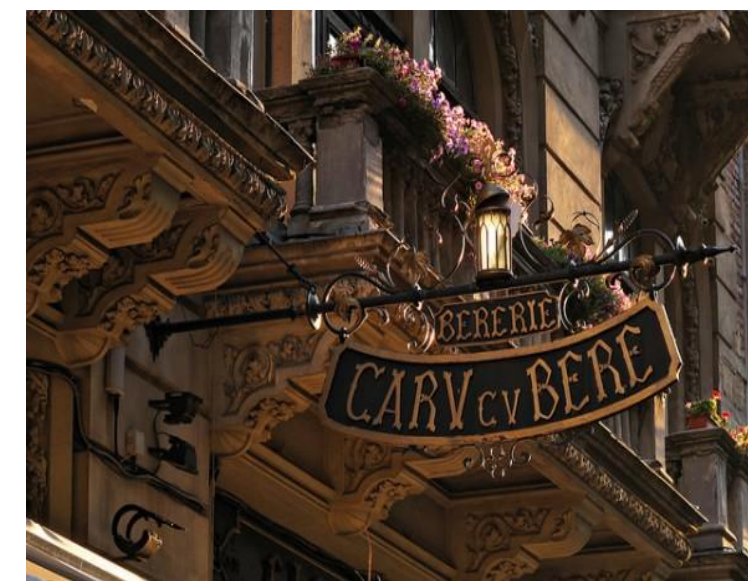


CARU' CU BERE RESTAURANT

Caru' cu Bere Restaurant is the perfect place where you can delight your senses with the tastiest dishes and where you can enjoy the beer made by a unique recipe, from 1879. This is the place that keeps immortal the spirit of old Bucharest.

Old wine cellar is available for those who want to prepare a little more thoroughly for a night at Caru 'cu Bere. Here you can see everywhere exposed objects related to beer spirit.

Every night an amazing show is offered by professional folkloric dancers.



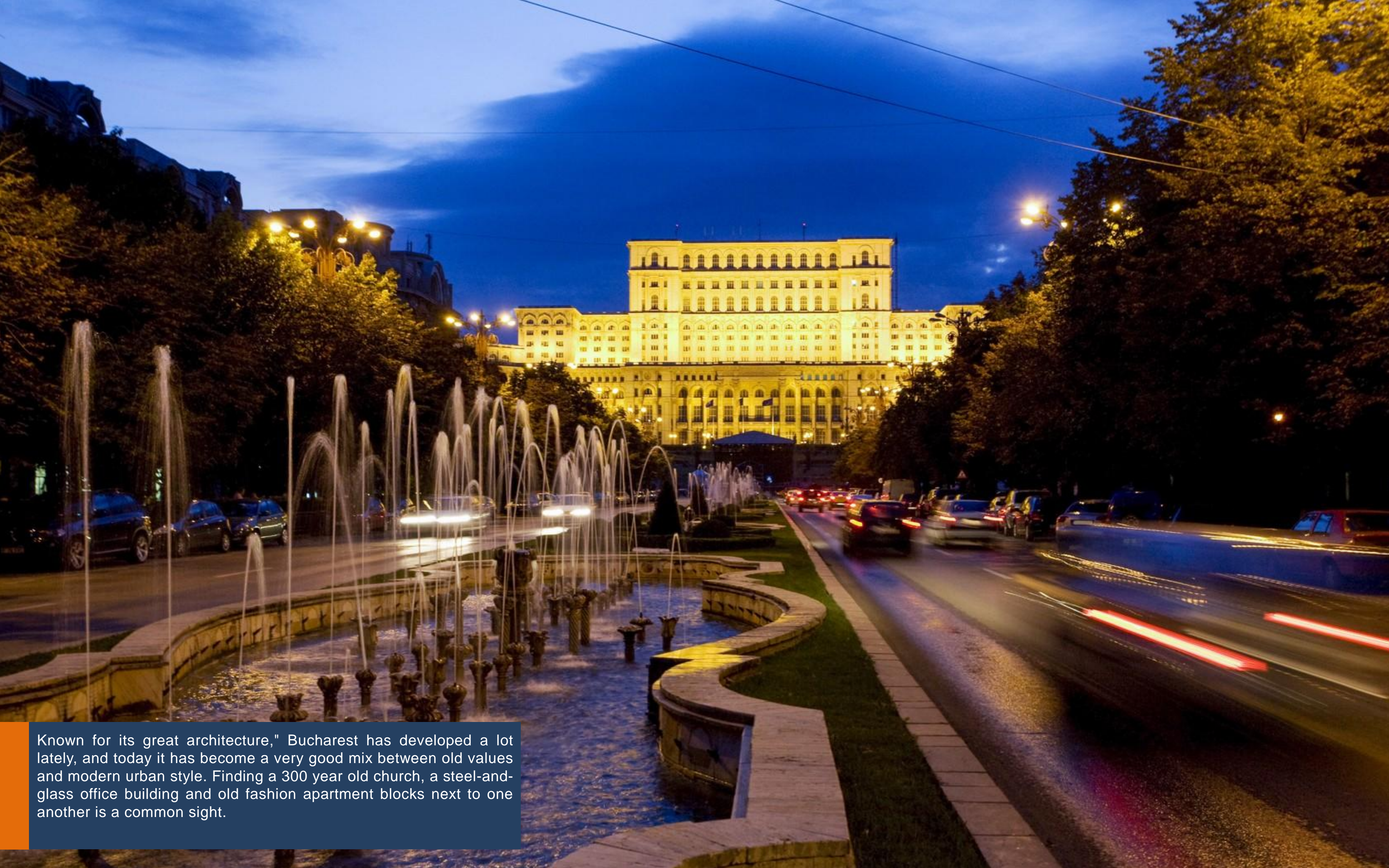
BUCHAREST – PANORAMIC CITY TOUR

Meet the city of Bucharest, the Romania's capital, once known as "Little Paris".

We present you the wonderful Bucharest with some of its landmarks:

The Patriarchate Church, Romanian Athenaeum, Central Army House, The National Theatre, The Revolution Square, Victoriei Boulevard with Victoriei Square, Victoria Palace (The Government), The Arch of Triumph, House of Press, the Old Town of Bucharest.



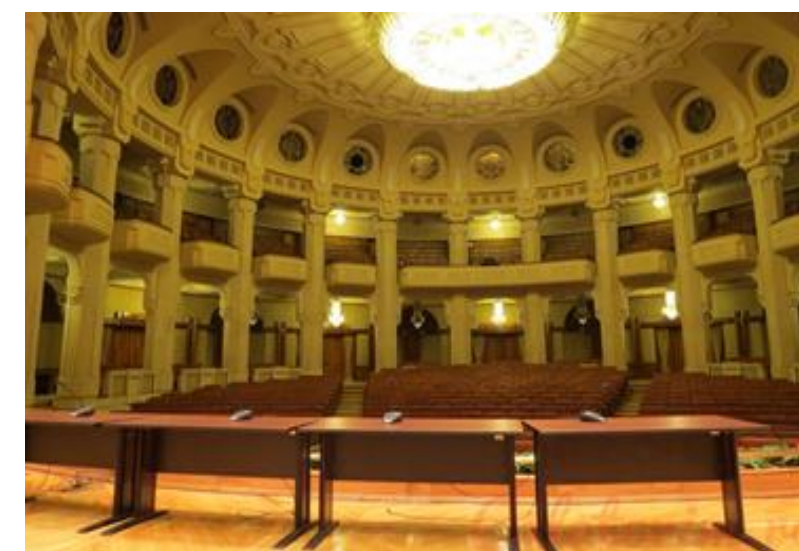


Known for its great architecture," Bucharest has developed a lot lately, and today it has become a very good mix between old values and modern urban style. Finding a 300 year old church, a steel-and-glass office building and old fashion apartment blocks next to one another is a common sight.

PALACE OF PARLIAMENT

The Palace of the Parliament is the seat of the Parliament of Romania. Located on Dealul Arsenalului in central Bucharest, it is the largest administrative building in the world.

The impressive architecture of The Parliament building has a unique pattern. The Palace is also marked by the autential fact that all the materials inbounded in the building and its decorations were produced in Romania. It's vast spaces are hosting marble columns, carpets larger than a tennis court and crystal chandeliers as high as a tree, all of them produced locally by crafted artists.

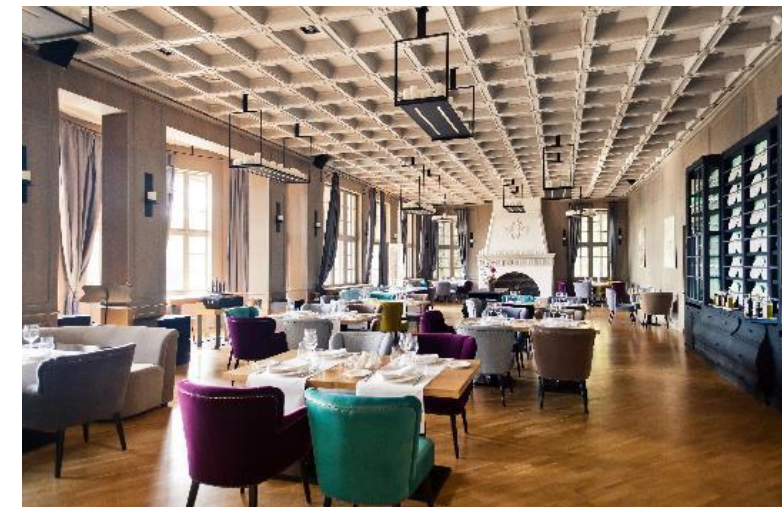


DIPLOMAT CLUB RESTAURANT

In October 2012, the new Diplomat Restaurant within the Diplomatic Club opened.

Located within the Diplomatic Club in Bucharest, the restaurant is located in the vicinity of the only golf course in Bucharest, on the shores of Lake Herastrau.

The Diplomat restaurant is one of the most spectacular restaurant in Bucharest and the view from the terrace will conquer anyone.



- 08:00 – 12:00 Conference
 - 10:00 – 10:30 Coffee Break
- Companion
 - 10:00 – 12:00 Transfer and visit Cotroceni National Museum (please have your ID with you)
 - 12:00 – 12:30 Transfer back to the Hotel
- 13:00 – 15:00 Lunch at the Hotel
- 15:00 – 15:30 Transfer to National Art Museum
- 15:30 – 17:30 Visit National Art Museum and Royale Palace
- 17:30 – Free Time (walking to Romanian Athenaeum - 5 minutes)
- 18:30 – 19:30 Concert at Romanian Athenaeum
- 19:40 – 20:00 Transfer at Casa Doina Restaurant
- 20:00 – 22:00 Dinner at Casa Doina Restaurant
- 22:00 Transfer back to the Hotel



COTROCENI PALACE

The Cotroceni Palace enjoys, when compared with all the other palaces in Bucharest, the most consistent historical background. The nowadays palace was erected in 1888, by order of Prince Carol I, who commissioned Paul Gottereau to build a royal residence, which he successfully did, lending the structure a graceful Classical Venetian style. However, a significant part of the history of the Cotroceni Palace goes back earlier than the construction of the palace proper. The earthquake which shook Bucharest in 1977 affected the Cotroceni Palace too. However, one of the greatest losses the original architectural complex ever suffered refers to the demolition of the historical monastery built by Șerban Cantacuzino. The monastery was pulled down by order of Nicolae Ceaușescu, in 1984, the year when the construction works at the Parliament Palace started in Bucharest. At present, the Cotroceni Palace is the seat of the Romanian presidency, and it has been performing this function since immediately after the 1989 Revolution.

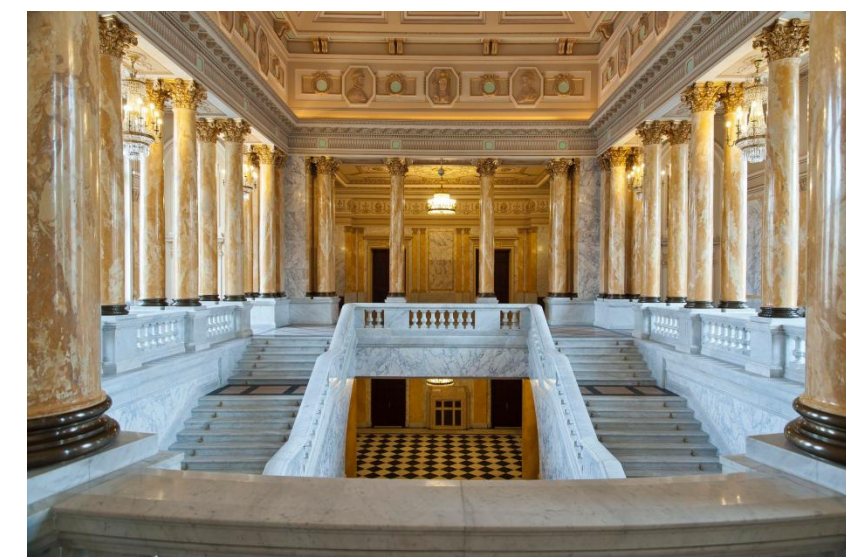


THE NATIONAL MUSEUM OF ART



The National Museum of Art of Romania is located in the former Royal Palace in Revolution Square, central Bucharest, completed in 1837.

The Romanian Modern Art Gallery tells the story of Romanian art from the mid-nineteenth to the late twentieth century. Representative works by Theodor Aman, Nicolae Grigorescu, Ioan Andreescu, Theodor Pallady among others, illustrate connections with contemporary French painting while those of M.H. Maxy, Marcel Ianco, Victor Brauner trace the contribution of Romanian art to the European avant-garde of the 1920s and 1930s.



ROMANIAN ATHENEUM

Symbolic edifice of the national culture, the Romanian Atheneum, built in the heart of Bucharest 120 years ago (1886-1888), has become the architectural and spiritual landmark of a whole nation, not just of a Capital city. It was here that great Romanian personalities and scientists have lectured, that both established and young professional musicians have given concerts, numerous orchestras and soloists of international level have performed, it was from here that masterpieces of the national music literature. The Orchestra of Physicians works under the patronage of the Medicine and Music Foundation, founded in 1997, as president of the Univ. Dr. Mircea Penescu, director of Carol Davila Clinical Hospital of Nephrology in Bucharest, master concert

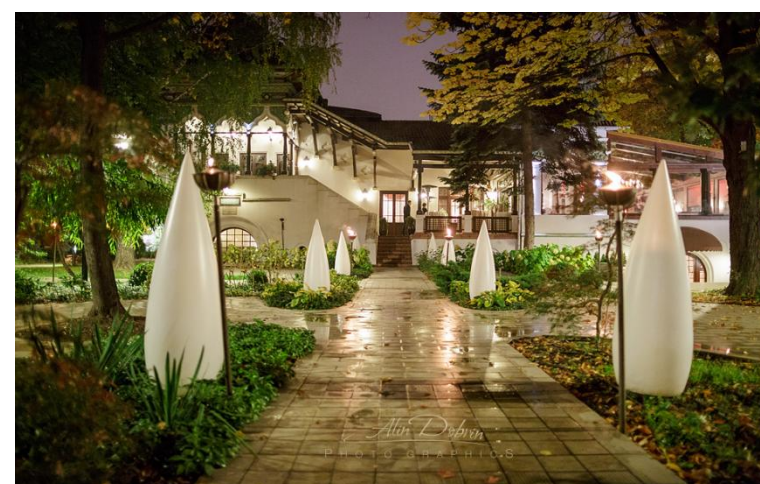


CASA DOINA RESTAURANT

Located on Kiseleff Street, Casa Doina restaurant is one of Bucharest's historical edifices which impresses by its one-of-a-kind architecture signed by our greatest maestro Ion Mincu.

For more than a century “Bufetul de la Șosea” (aka. The Street Tavern) treats its guests like royalty making a statement through its sophistication and irreproachable services.

So we invite you to step back in time and witness a very special ambiance where the sophistication and good taste blend with old Bucharest's tradition and perfume. The guests will listen to the Romanian traditional music.

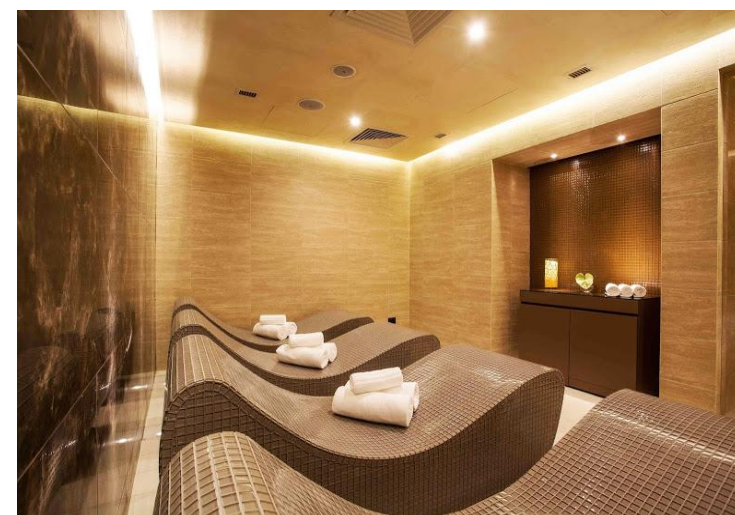


- 08:00 – 10:00 Transfer to Sinaia
- 10:00 – 12:00 Visit Peles Castle
- 12:00 – 12:30 Transfer to Busteni
- 12:30 – 14:30 Lunch at Cantacuzino Castle
- 14:30 – 16:00 Transfer to Brasov, to Kronwell Hotel
- Check-in at the Hotel
- 16:00 – 19:30 Free Time
- 19:30 Dinner at Kronwell Hotel

Welcome to
Transylvania

KRONWELL HOTEL 4*

The 4-star superior Kronwell Brasov Hotel has a stylish sit-down restaurant and accommodations equipped with state-of-the-art facilities, as well as free of charge wireless internet. In the Adagio Restaurant, gourmet delights and flavored drinks are served, and guests can relax in the Cigar Bar after a day spent in the historic town. The Couchette Bistro specializes in healthy menus with homemade, fresh products. All rooms are air-conditioned and tastefully furnished. They include a bathroom with a bathrobe and free toiletries, and a sitting area with a flat-screen TV and a minibar. The new Belaqua Spa and Wellness Center offers beauty therapies, a fitness studio, an exercise area and a sauna. Guests can also enjoy the indoor pool.





Transylvania

Romanian villages and smaller towns are incredibly beautiful, and everything in between is too. True, some areas in bigger cities like Bucharest might have been spoiled by decades of voluntarism in industrial development, leading to some atrocities, but the rest of the country is largely unspoiled and a real delight for travelers.

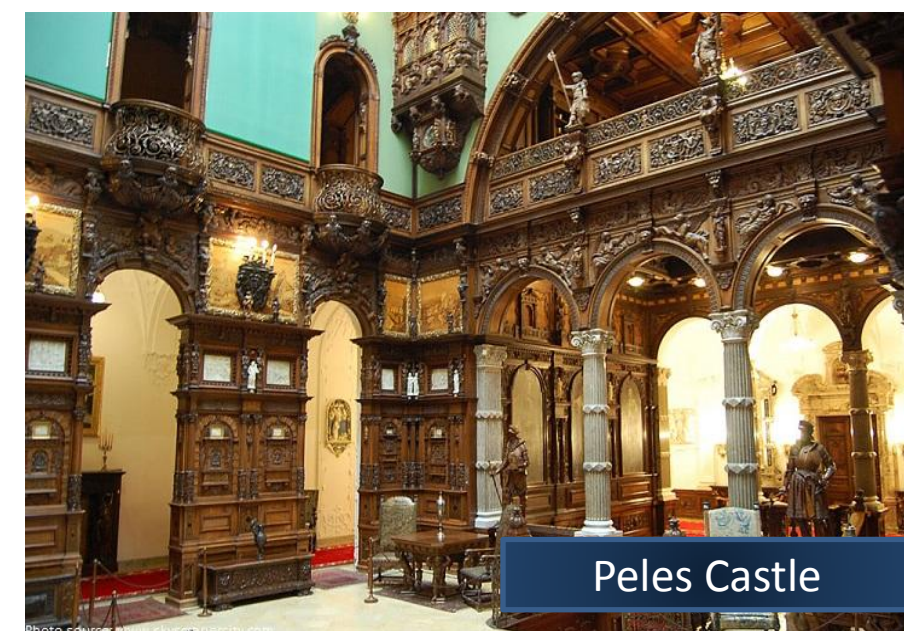
From the bus, the guests can see the beautiful landscape. There are many photo opportunities. Don't forget your camera! The roads encompass miles of stunning views through twisty hair pin corners, high elevations and steep grades. These roads will remain in you memory either because they pass thorough amazing gorges, high mountains, windy valleys or because they will take you to remote rural areas.





PELES CASTLE

Peles Castle is an old royal-residence, today a famous museum; it is the first tourism objective of Sinaia and one of the most precious monuments in Romania; built between 1875-1883, the castle contains many architectural styles, but prevalent is the German style, it is placed in the middle of a splendid park with beautiful terraces and includes 160 rooms with valuable decorative elements. The Peles Castle is located in the center of Sinaia. Peles Castle was the first European castle entirely lit by electrical current. The electricity was produced by the castle's own plant.



CANTACUSINO CASTLE

History. Details. Art. Exclusivism. The place where for a few hours you will be able to feel the atmosphere of the older days palaces, where history meets art, and the view over Bucegi mountains takes your breath away. Cantacuzino Castle, with its grandeur and glory, has risen above oppressive times, and it retained the best of history.

Its location in the incredible Cantacuzino Castle and the elegant interior design makes it a unique place in Romania. During the warmer months, you can dine at a table outside gorgeous terrace as clouds slowly glide by, pampering the Bucegi Mountain Mass, while the sunset lighting creates an unforgettable ambiance.



- 08:00 – 12:00 Conference
 - 10:00 – 10:30 Coffee Break
- Companion
 - 10:00 – 12:00 Optional : Cooking lesson
- 13:00 – 14:30 Lunch at Prato Restaurant
- 14:30 – 16:00 Brasov walking tour
 - 16:00 – 16:30 Organ Concert – Black Church
- 16:30 – 17:00 Transfer to Kronwell
- 17:00 – 18:30 Rest and Refresh
- 18:45 – 19:15 Transfer to Bran Castle
- 19:15 – 20:15 Private Visit & Wine Tasting in Bran Castle
- 20:30 – 21:00 Transfer to Coliba Haiducilor Restaurant
- 21:00 – 23:00 Traditional Dinner at Coliba Haiducilor Restaurant
- 23:00 – 23:30 Transfer back to the Hotel

COOKING LESSON



A trip to Romania is no exception to the old saying that the most fruitful path to the heart of a place is through the stomach. With not very well-known abroad, Romanian cuisine is an almost perfect reflection of the country's agrarian roots and twisted history.

The chef will tell you things you should know about traditional Romanian dishes, know the most delicious recipes and discover some secrets and eating habits that go along with the food experience. And do not forget: the locals know better!



PRATO RESTAURANT

The story of the restaurant begins in 2008. It involves a great passion- Passion for people, passion for great food, passion for the smallest details, music and atmosphere! They love all of them with passion! Prato Restaurant is always looking with enthusiasm for the perfect ingredients and transforms them with passion into the perfect dish for you!

We invite you to discover the Italian food in a cozy atmosphere at the beautiful Prato Restaurant!

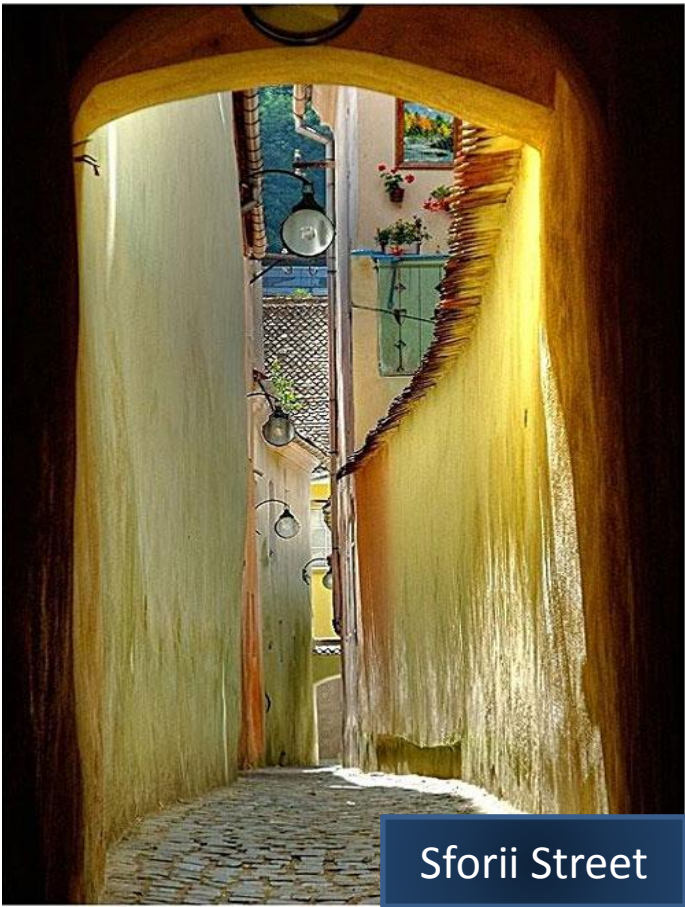
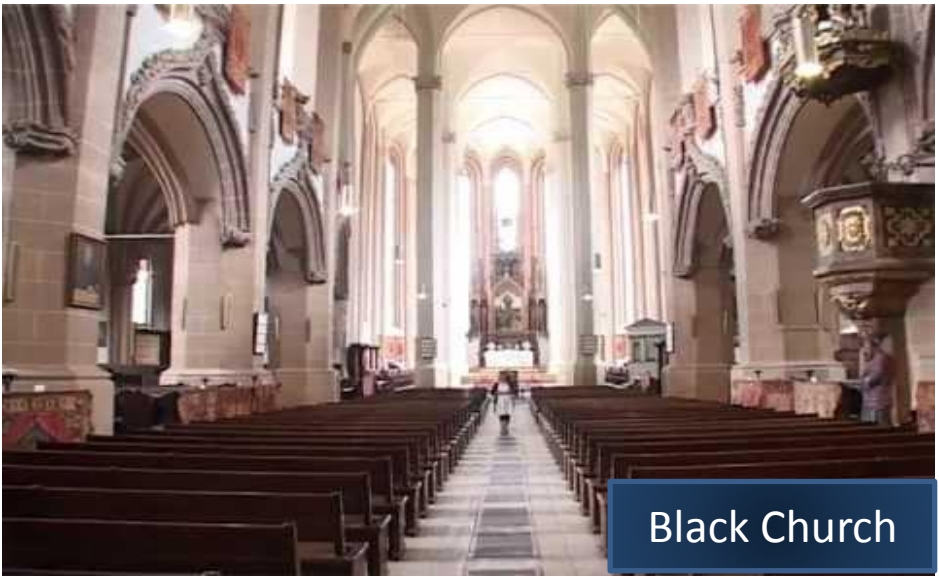




BRASOV CITY TOUR

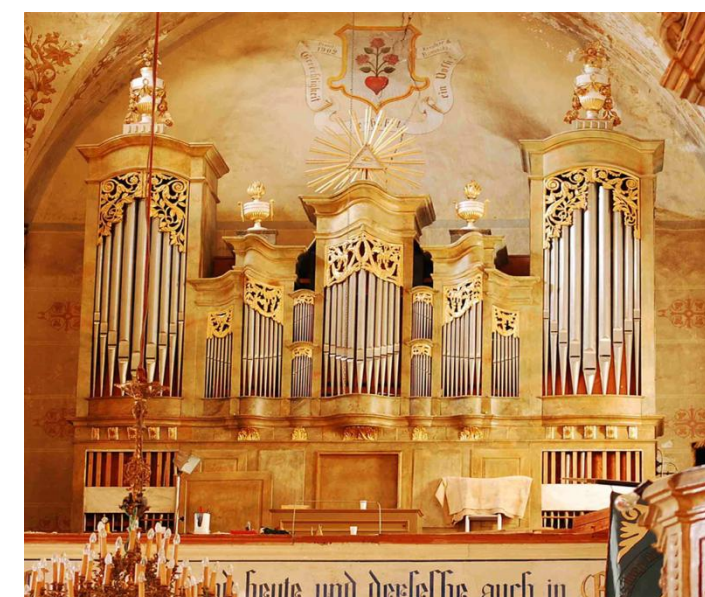
In the city we have many important objectives like First Romanian School, ST Catherine Gate, Black Church, Rope Street, Schei Gate, The former city hall and the Jewish Synagogue.

In Brasov we have an interesting story about the tunnels which are under the city and makes connections between top of Mount Tampa and the Fortress from Straja Hill. In these tunnels and caves people hidden during the times the reserves of food and the supplies of water. Or they were used to run on Tampa Mountains especially in first world war and 2nd world war. In these tunnels the authorities discovered many weapons and gas masks and many bodies.



ORGAN CONCERT AT BLACK CHURCH

The Black Church's organ, with 4000 pipes and considered one of the biggest in Europe, was built between 1836 and 1839 by the Berlin organ maker Buchholz, and it is famous for its sonority. In 1924 the gallery in front of the organ was enlarged in order to organize sacred music concerts with chorus' participation. Many vinyl discs, audio tapes and CDs were made in the course of years.



BRAN CASTLE

The fortress is situated on the border between Transylvania and Wallachia. Commonly known as "Dracula's Castle" (although it is one among several locations linked to the Dracula legend, including Poenari Castle and Hunyad Castle), it is often erroneously referred to as the home of the title character in Bram Stoker's Dracula

After 1918, Transylvania became part of Greater Romania. On December 1st 1920, the citizens of Braşov, through a unanimous decision of the city's council, led by Mayor Karl Schnell, offered the Bran castle to Queen Maria of Romania, who was described in the deed as “the great queen who (...) spreads her blessing everywhere she walked, thus wining, with an irresistible momentum, the hearts of the entire country's population”.

The Castle became a favourite residence of Queen Maria, who restored and arranged it to be used as a residence of the royal family.



Bran Castle



Bran Castle



Bran Castle

COLIBA HAIDUCILOR

The restaurant is located in Poiana Brasov.

The Romanian cuisine with wine cellar and pantry is a unique attraction for the clients. Combining tradition with craftsmanship and quality services of qualified staff to the highest standards, they make more enjoyable your foray into this “culinary museum” of Romanian food.



- 08:00 – 12:00 Conference
 - 10:00 – 10:30 Coffee Break
- Companion
 - 10:00 – 12:00 Transfer and visit Prejmer
 - 12:00 – 12:30 Transfer Back to the Hotel
- 12:30 – 13:30 Lunch at Kronwell Restaurant
- 13:30 – 15:30 Conference
 - Companion
 - 13:30 Free Time
- 15:30 – 19:00 Free Time
- 19:00 Wassail Banquet at Kronwell Hotel



15 kilometers from Brasov lies a truly charming village, famous all over the world by the fortified church included in UNESCO World Heritage. If you yearn for medieval and bohemian air, surely the little Prejmer village is able to satisfy your thirst for history.



Kronwell – Wassail Banquet
Kronwell Ceremonies – hall delights with a harmonious environment,
grand hall with intimate atmosphere, which invites to elegance.

- Breakfast at the Hotel
- 09:00 Departure from Brasov to Bucharest, Henri Coanda Airport





Thank you for choosing

